

A - STARTERS

A-1	MARINATED OLIVES	V.G	£2.50
A-2	MARINATED ANCHOVIES	GF	£4.20
A-3	SLICES OF SPANISH MANCHEGO CHEESE	V.GF	£7.50
A-4	IBERICOS (Jamon, Chorizo & Salchichon)	GF	£8.90

B - SALADS

B-1	GARDEN SALAD	V.GF	£3.50
B-2	TUNA SALAD	GF	£4.50
B-3	PARMESAN CHEESE SALAD	V.GF	£4.90
B-4	SPINACH SALAD WITH GOATS CHEESE, WALNUTS AND A HONEY DRESSING	V.GF	£6.95

C - POTATOES

C-1	CANARY ISLANDS POTATOES WITH MOJO PICON	V.GF	£3.90
C-2	BRAVAS POTATOES IN A SPICY SAUCE	V	£3.95
C-3	ALIOLI POTATOES IN A GARLIC SAUCE	V.GF	£3.95
C-4	POTATOES IN A BLUE CHEESE SAUCE	V.GF	£4.20
C-5	JEFA POTATOES, (Onion and Chorizo in a spicy sauce)	GF	£4.20

D - OMELETTES

D-1	POTATO AND ONION OMELETTE	V.GF	£3.50
D-2	POTATO AND CHORIZO OMELETTE	GF	£4.50

E - HOMEMADE BREAD WITH TOPPING

E-1	'PA AMBTOMÀQUET' -TOMATO, GARLIC & OLIVE OIL	V	£3.50
E-2	ANCHOVIES		£4.50
E-3	BACON & CHEESE		£4.95
E-4	JAMON & CHEESE (Spanish Cured Ham)		£4.95
E-5	CHORIZO (Spanish Sausage)		£4.90
E-6	ESCALIVADA (Vegetables With Goats Cheese)	V	£5.50
E-7	ESCALIVADA (Vegetables With Anchovies)		£5.50
E-8	SALMON & GOATS CHEESE		£5.50
E-9	VEAL WITH PEPPER & CHEESE		£6.50
E-10	GRILLED ASPARAGUS WITH SMOKED SALMON & CAMBOZOLA CHEESE		£7.50

F - TAPAS

F-1	CHORIZO SAUSAGE IN CIDER	GF	£5.90
F-2	SPANISH MEATBALLS		£6.50
F-3	GARLIC MUSHROOMS	V.GF	£5.50
F-4	OVEN-BAKED MUSHROOM (Cheese)	V,GF	£5.50
F-5	OVEN-BAKED MUSHROOM (Cheese & Bacon)	GF	£5.90
F-6	VEGETABLE RATATOUILLE & FRIED EGG	V.GF	£6.50
F-7	PADRON PEPPERS		£5.95
F-8	JALAPENO CROQUETTES	V	£5.95
F-9	JAMON CROQUETTES		£5.95
F-10	POLLO CROQUETTES		£5.95
F-11	HADDOCK & PRAWN CROQUETTES		£5.95
F-12	GRILLED SQUID	GF	£5.50
F-13	DEEP FRIED SQUID IN BATTER		£6.50
F-14	GARLIC KING PRAWNS	GF	£7.90
F-15	LEMON KING PRAWNS		£7.90

G - RECOMMENDATIONS

G-1	GARLIC CHICKEN WITH POTATOES	GF	£7.90
G-2	CHICKEN SKEWERS WITH CUMIN & PAPRIKA		£7.50
G-3	CHICKEN IN PEPPER SAUCE WITH POTATOES	GF	£7.90
G-4	OVEN-BAKED SPANISH BLACK PUDDING	GF	£7.90
G-5	CHICKEN LIVERS	GF	£7.50
G-6	LAMB CHOPS	GF	£8.90
G-7	GRILLED PRAWNS	GF	£7.90
G-8	GRILLED KING PRAWNS	GF	£9.90
G-9	STUFFED ROASTED PEPPER (Vegetables and Cheese)	V.GF	£7.50
G-10	STUFFED AUBERGINE (Vegetables and Cheese)	V.GF	£7.95
G-11	PORK LOIN STRIPS WITH ONIONS IN A WHITE WINE SAUCE	GF	£8.50
G-12	DUCK WITH CARAMELISED ONIONS AND GOATS CHEESE	GF	£9.90
G-13	SIRLOIN STEAK IN A PORT SAUCE		£11.90
G-14	FILLET STEAK IN BLUE CHEESE SAUCE	GF	£12.90

I - DESSERT

I-1	WHITE CHOCOLATE CHEESE CAKE		£4.50
I-2	BAILEYS & WHITE CHOCOLATE CHEESE CAKE		£4.70
I-3	FLAN (Homemade Crème Caramel)		£3.90
I-4	EL BARETO ICE CREAM (Pedro Ximenez)		£4.20
I-5	EL BARETO ICE CREAM (Coffee & Amaretto)		£4.50

J - COFFEE & TEA

J-1	ESPRESSO		£1.50
J-2	AMERICANO		£1.50
J-3	CAPPUCCINO		£1.75
J-4	MACHIATO		£1.75
J-5	CAFÉ CON LECHE		£1.75
J-6	LATTE		£1.75
J-7	DECAF COFFEE		£1.75
J-8	ENGLISH TEA		£1.75
J-9	HERBAL TEA		£1.50

El Bareto

spanish restaurant & bar

WWW.ELBARETO.COM

Muchas gracias por su visita.

*Please note that service is NOT included,
for tables of 6 or more a 10% optional service charge will be added.
Food prepared at El Bareto may contain nuts.*

V = Vegetarian

Gf = Gluten Free